



FREE

# FITNESS ASSESSMENT

Exclusive to Students & Faculty

BMI  
BP & Heart Rate  
Measurements  
Fat Percentage  
Body Type  
Fitness Level

**MAR 15-17, 2017** (WED - FRI)

**USIU - AFRICA**

Freida Brown Student Center  
Sports Wing, 1st Floor



FOR DETAILS & BOOKING CALL RAY ON  
**0739 393070 / 0728 987154**

[WWW.RAYSFITNESS.CO.KE](http://WWW.RAYSFITNESS.CO.KE)